

Sit Happens

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Kong Stuffing

KONG:

Kongs are hard rubber toys designed for dogs that like to chew and perfect for dogs who get bored. The advantage of these toys is the ability for them to be stuffed with food to encourage your dog to chew the appropriate item. These are our favourite toys!!

HOW TO USE A KONG:

When you first purchase a Kong, your puppy will not have the motor skills needed to get the food out quickly, so we need to teach them these skills.

1. Place some dry food in the Kong and place it on the floor.
2. Encourage your puppy over to sniff the Kong.
3. When the puppy smells it and realises that there is food inside, the interest will naturally be there.
4. Knock the Kong with your hand so that some food falls out and encourage your puppy to eat the food. Naturally the pup will want more food and may knock the Kong itself to try and get more of the food. Continue this until your puppy is able to get all the food out itself.
5. If you place the Kong upright, your puppy may knock it over and get all the food at once. This is a good way to get them realising that if they do it themselves they get the food.
6. Use light and fluffy voices and praise your puppy for advancing toward the Kong.



Once your puppy can get the food out of the Kong in 10-20 seconds, we can make the Kong harder for them.

IMPORTANT: DO NOT MAKE THE KONG TOO HARD IN THE



BEGINNING OR YOUR PUPPY WILL PLACE IT IN THE TOO HARD BASKET.

In the beginning we want our dogs to be able to get the food out really quickly because this shows us that they know how to use it. Once they know how to use it we can make it harder.

STUFFING THE KONG:

1. In the beginning, just put dry food in the Kong loosely.
2. When the puppy is good at getting the food out, $\frac{3}{4}$ submerge the dry food in water and allow it to absorb all the water and become light and fluffy (this usually takes several hours). Stuff this in the Kong loosely (it will be slightly harder than the dry food to get out).
3. When they are good at that, you can stuff the rehydrated food in the Kong as hard as you need to challenge your dog. Be aware that some dogs can handle it harder than others, so judge your dog individually.
4. If your dog is a Kong Pro, you can stuff that rehydrated food in as hard as possible and then freeze it. (great for summer)

RECCOMENDED DAILY INTAKE (RDI):

We don't believe in fat dogs due to treats all the time, so use your dogs RDI to stuff in the Kong. Dogs don't need specific meal times, so you can use all their food in Kongs all through the day, so long as they are getting their daily allowance.

